





Week 2w/c 11th Nov, 2nd Dec, 13th Jan, 3rd Feb, 3rd March, 24th March	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese and tomato pasta	Sweet and sour chicken and 50/50 rice	Sausage, Yorkshire pudding and new potatoes	Ham pizza and wedges	Fish, chips and baked beans
Vegetarian Main	Quorn lasagne	Chick pea and veg curry and 50/50 rice	Quorn Sausage and Yorkshire pudding and new potatoes	Cheese pizza and wedges	Veggie fingers and chips
Jacket Potato, Panini or Sandwich	Jacket potato with cheese or tuna	Jacket potato with cheese or tuna	Jacket potato with cheese or tuna	Jacket potato with cheese or tuna	Jacket potato with cheese or tuna
Sides	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread
Dessert	Rice pudding and jam	Chocolate crunch	Lemon cake	Ice cream and fruit	Jelly and fruit
Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt







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-10F YOUR 5 A DAY



- HEALTHY OPTION