



week 1 W/C 4 th Nov, 25 th Nov, 16 th Dec, 6 th Jan, 27 th Jan, 24 th Feb, 17 th Mar	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese pizza and herby potatoes	Beef spaghetti bolognese	Roast chicken, roast potatoes, Yorkshire puddings and gravy	Hot dog and wedges	Fish fingers, Chips and beans
Vegetarian Main	Vegetable Pizza and herby potatoes	Quorn spaghetti bolognese	Quorn fillet, roast potatoes, Yorkshire puddings and gravy	Quorn hotdog and wedges	Quorn dippers, chips and beans
Jacket Potato	Jacket potato with cheese or tuna	Jacket potato with cheese or tuna	Jacket potato with cheese or tuna	Jacket potato with cheese or tuna	Jacket potato with cheese or tuna
Sides	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread
Dessert	Flapjack	Shortbread	Banana Cake	Ice cream and fruit	Chocolate brownie
Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION